



## Discounted counselling services for forestry people

Safetree has teamed up with Vitae services to help forestry employers access professional counselling services for their workers at a discounted price. The arrangement means forestry businesses are eligible for special corporate rates when one of their workers uses Vitae services.

### Why offer your workers access to counselling?

There are times in our lives when we encounter personal problems – like addictions, work stress, relationship problems, depression or grief. When a worker feels over-whelmed by personal problems, their work can be affected. These problems can affect their ability to do their job, and create safety issues. Counselling services are a way to resolve their issues as quickly as possible.

### How does it work?

If a worker seems to have problems, you can suggest they talk to Vitae. They might come to you themselves and ask to be referred. You will need to call Vitae, indicate you are eligible for the Forestry Industry Safety Council scheme (FISC runs *Safetree*), and provide the employee's contact details and your approval to proceed. Vitae will then arrange a referral to one of its counsellors.

### What will it cost me?

You will pay for the counselling sessions – not the worker. You can decide how many sessions you are willing to pay for. Workers will not be able to access the services without you authorising the sessions. Information on rates is available from Vitae.

### Confidentiality

Vitae services are confidential. Anything your worker discusses remains confidential. No one else receives any details about these discussions without the worker's permission unless the counsellor believes they are a risk to themselves or others.

### About Vitae

Vitae is a professional employee assistance provider that offers access to a nationwide team of independent counsellors, psychologists and trauma responders. Vitae has more than 50 years' experience in providing innovative programmes for people in New Zealand, enhancing the well-being of organisations and individuals.

### How do I get access to this service for my workers?

You can contact Vitae on 0508 664 981. The phone service is available 24/7. To find out more about Vitae ring 0508 664 981 or visit [www.vitae.co.nz](http://www.vitae.co.nz).