

# WORKSHOPS ON Wellbeing, Culture, Learning

You are invited to these free workshops to learn about initiatives to help you improve health and safety in your business.

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## Wellbeing and Health – Dr Tom on a Mission

Find out how to look after your own health, and the health of your team.

Dr Tom Mulholland is an emergency department doctor who's hosted TV and radio shows. At this workshop he'll talk about things people can do to improve their physical health and mental wellbeing. Being fit and well for work is important in forestry because it helps people manage risks better. Dr Tom will talk about common 'health villains' like diabetes, smoking and cancer. He'll also talk about healthier ways of thinking that help people solve problems and deal with 'bad days'.

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## Growing Our Safety Culture

Learn how developing the culture of your team can make your workplace safer.

Psychologist Dr Hillary Bennett, from Leading Safety, will talk about Safetree's **Growing Our Safety Culture** programme, and the benefits it has brought to forestry companies that have used it. The programme was created specifically for forestry businesses. It helps them find out what's really going on with health and safety in their teams. It also helps them harness the expertise within their teams to identify what needs to improve and how to make those improvements happen.

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## Learning Reviews

Find out how this new approach to incident investigations can help prevent incidents in future.

Human factors scientist Brionny Hooper, from Scion, will explain the Learning Review approach, which was first developed by the US Forest Service. Learning Reviews differ from traditional investigations because their purpose is to learn and improve, rather than to find out who was at fault. They focus on the whole 'system' (the way work is done in forestry) and are designed to uncover things that might not be revealed by a traditional investigation.

## REGISTER FOR THE FISC/SAFETREE WORKSHOPS

**RSVP to [info@safetree.nz](mailto:info@safetree.nz)**  
(including name of workshops you will attend)

9 August 2018,  
Distinction Rotorua Hotel,  
Rotorua, New Zealand

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**Dr Tom on a Mission:** 8.30am – 10am

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**Growing our Safety Culture:** 10.30am – 12pm

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**Learning Reviews:** 10.30am – 12pm

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